

# Learn about RMHCA



**Ronald McDonald  
House Charities®**  
Alabama

**Ronald McDonald House Charities of Alabama (RMHCA) was founded in 1979** and is best known for the Ronald McDonald House.

RMHCA runs a Ronald McDonald Family Room to support even more families!

## **The Ronald McDonald House provides:**

- 73 private rooms where immediate family members of pediatric patients can get a good night's sleep and a shower
- Space to relax and play, including an outdoor patio and playground
- Meals and snacks provided by volunteers
- Other amenities include nursing nooks, laundry rooms with supplies, free WiFi, and a fully stocked kitchen where guest families can store basic pantry staples and cook if they desire
- Support from staff and other families as they navigate their child's health journey

## **Staying at the Ronald McDonald House:**

- Families are referred by their hospital social worker and must live at least 50 miles away from the Ronald McDonald House
- Guest families face a variety of diagnoses, from premature birth to organ transplant to long-term physical therapy
- There is no charge for RMHCA's services, regardless of a family's ability to pay



## **Ronald McDonald House Family Room at UAB Women & Infants Center**

- Opened in 2018
- Located within the UAB Regional Neonatal Intensive Care Unit
- A room where parents can rest, grab a snack or meal and do laundry just steps from their infant
- Includes 3 private sleeping rooms and 3 private, full bathrooms with showers

## **On Average...**



RMHCA  
supports  
3,000 families  
each year



Over 300  
meals  
are provided  
by dedicated  
volunteers



Money raised  
by McDonald's  
Round-Up for RMHC  
covers 3,500 nights  
a year

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